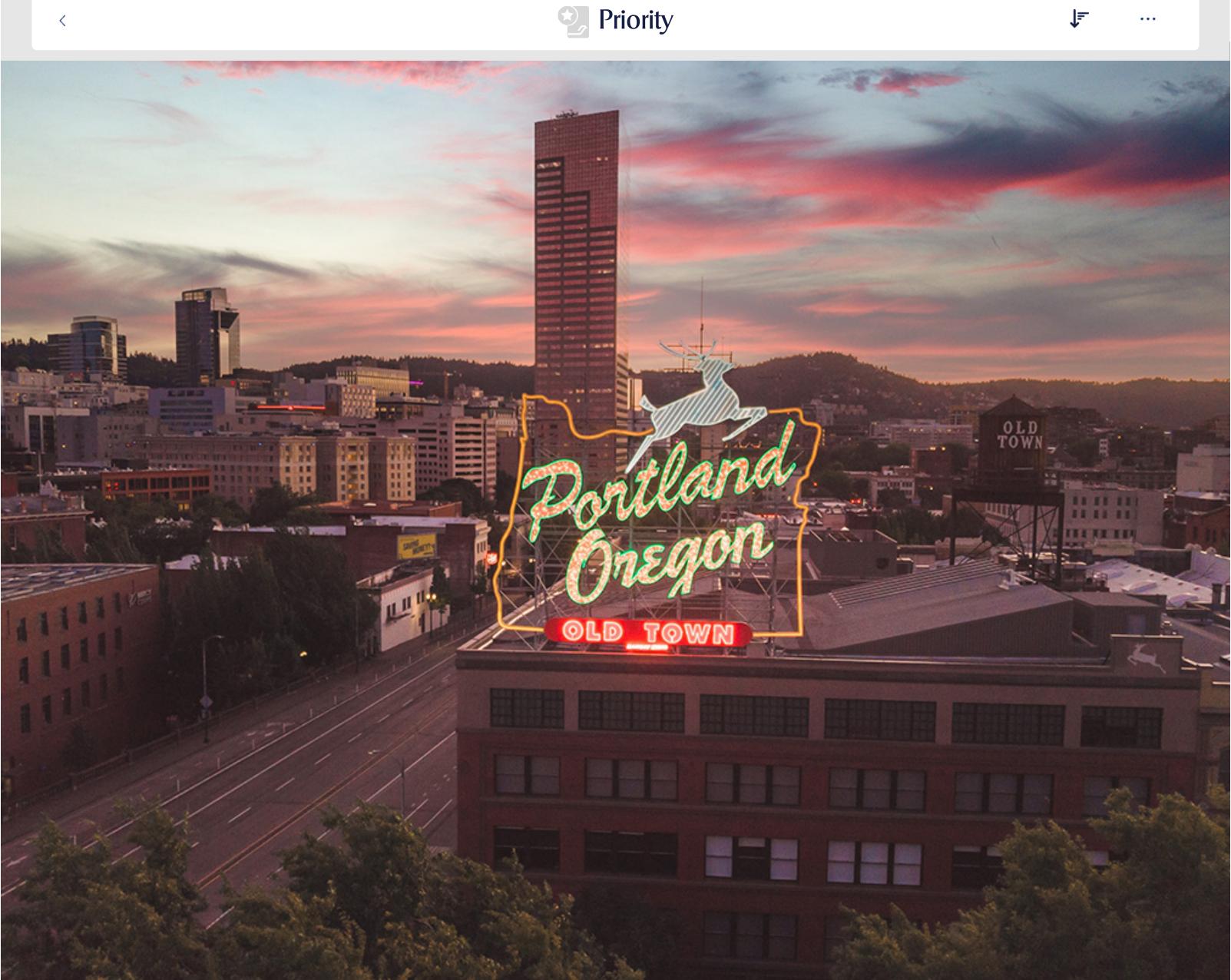
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### 24 Hours In Portland, Oregon

WORDS: Michele Koh Morollo PHOTOS: Unsplash, Justin Shen, Pexels, Jacob Colvin, Jonni Lundy, Leslie Lopez Holder, Cole Keister, Justin Katigbak, Travel Portland

Known for its vibrant F&B scene, craft breweries, cold drip coffees, as well as bohemian and hipster cultures, Portland, in America's Pacific Northwest is an exciting choice for a city vacation, or as a starting point for exploring the nature parks and smaller cities in the state of Oregon.

Over the years, Portland has earned itself several nicknames. It's been called Stumptown because, in its early years as a logging town in the mid-1800s, it was full of stumps from felled trees. It's been called the City of Roses because it's home to the Portland Rose Society and the Portland Rose Festival — one of America's best-known flower shows, which has been taking place annually since 1907. It's also been called the City of Bridges because of its 12 iconic bridges spanning the Willamette River — the river separating the western and eastern sections of the city.



There's so much to see and do in Portland, and each neighbourhood has its own unique offerings. But even with limited time here, you can still cover plenty of ground in a single day.

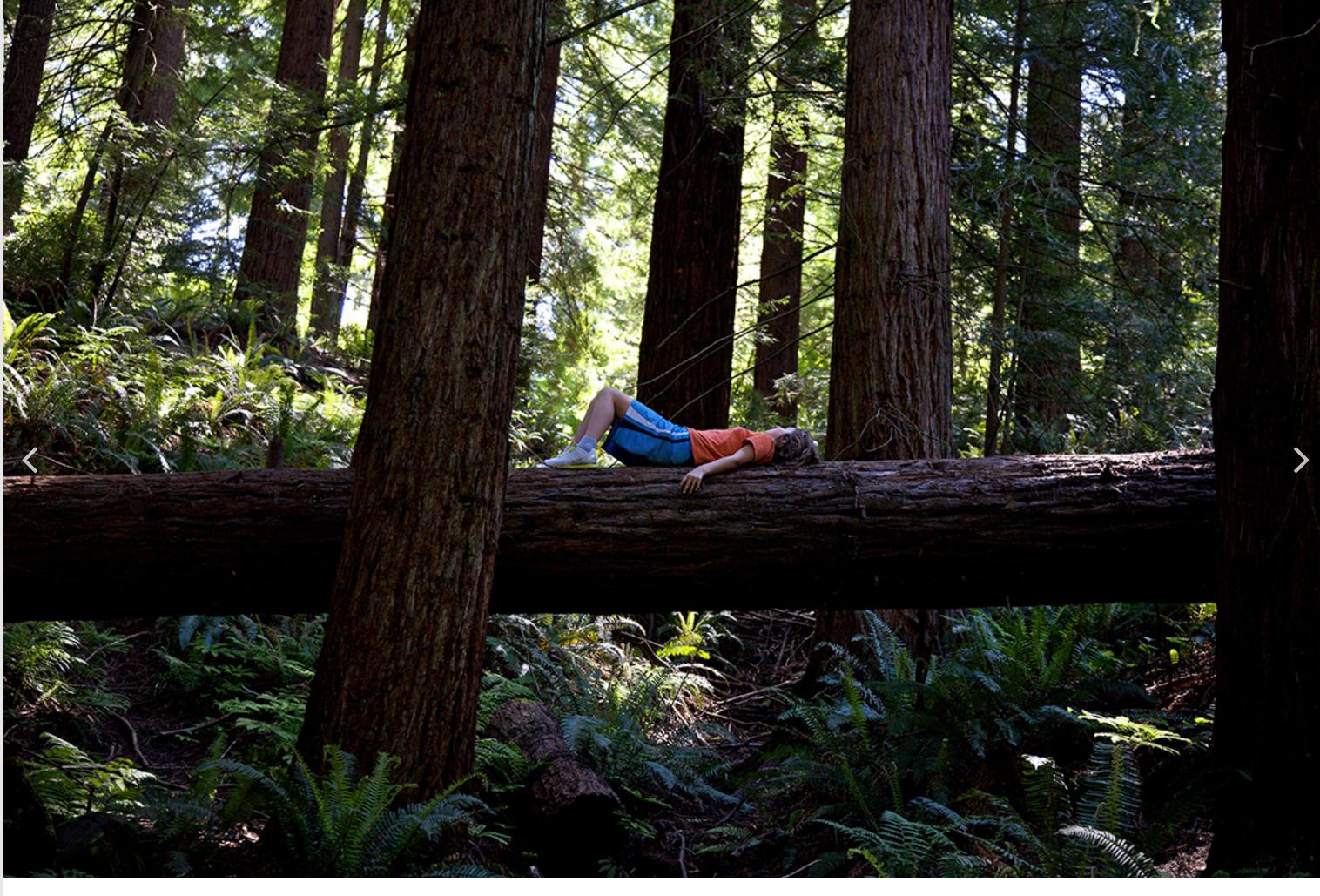
### **MORNING**

The Northwest District is a charming, bustling area with tree-lined streets, colourful, old, fairytale-like Craftsman and Victorian houses, shops, cafes, and restaurants. Start your day here with a hearty breakfast at Pine State Biscuits, a popular diner famous for its scrumptious homemade biscuit sandwiches. Try The Reggie — a biscuit stuffed with fried chicken, bacon, and cheese topped with sausage or shitake gravy — and fuel up with free-flow drip coffee. After breakfast, take a leisurely 30-minute walk to the Cumberland Trailhead, which will take you into Forest Park, one of the largest urban forests in the United States. This 2104ha

park has more than 129km of nature trails, so you can experience the majesty of a Pacific Northwest forest without leaving the city limits. Once inside the Park, follow the Wildwood

Trail up to Pittock Mansion, a historic French Renaissance-style château and museum, built in 1914 by Henry Pittock, a pioneer of trade and industry and newspaper publisher in

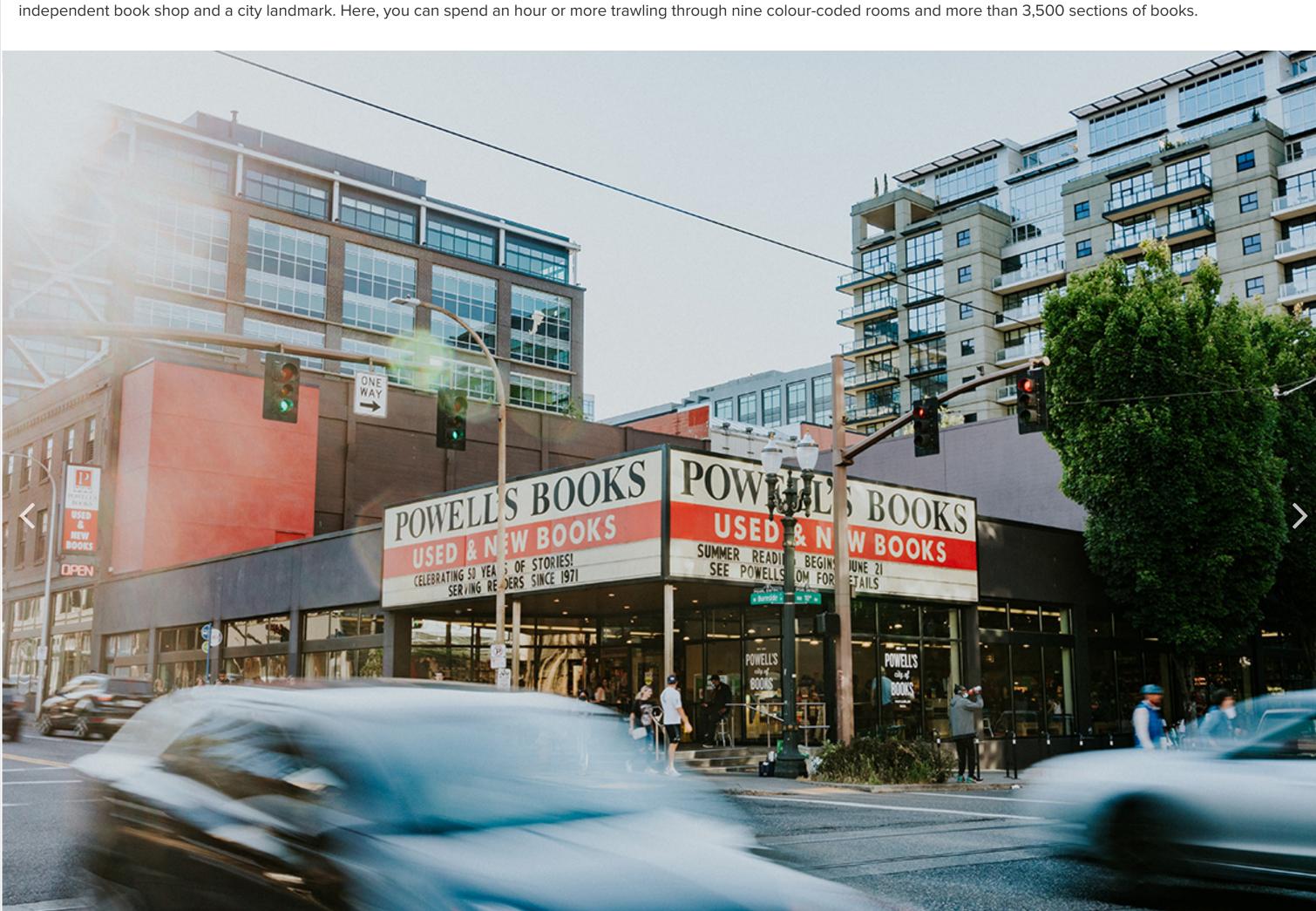
Oregon. A tour of the Mansion is a great way to learn about Portland's history.



In the late morning, stroll through Governor Tom McCall Waterfront Park — a picturesque promenade hugging the Willamette River where you'll find the Japanese American Historical Plaza — a stone monument that pays tribute to the Japanese-Americans who underwent hardships in America during World War II. If you're here in spring, you'll want to get some photos of the gorgeous pink cherry blossoms trees that are in full bloom.

## **AFTERNOON**

If you happen to be visiting Portland between the months of March to December, head to the Portland Saturday Market, an arts and crafts market with more than 100 vendors that's been in operation in the city's historic Old Town Chinatown since 1974, and pick up some souvenirs. Not far from the Market is Powell's City of Books — the world's largest

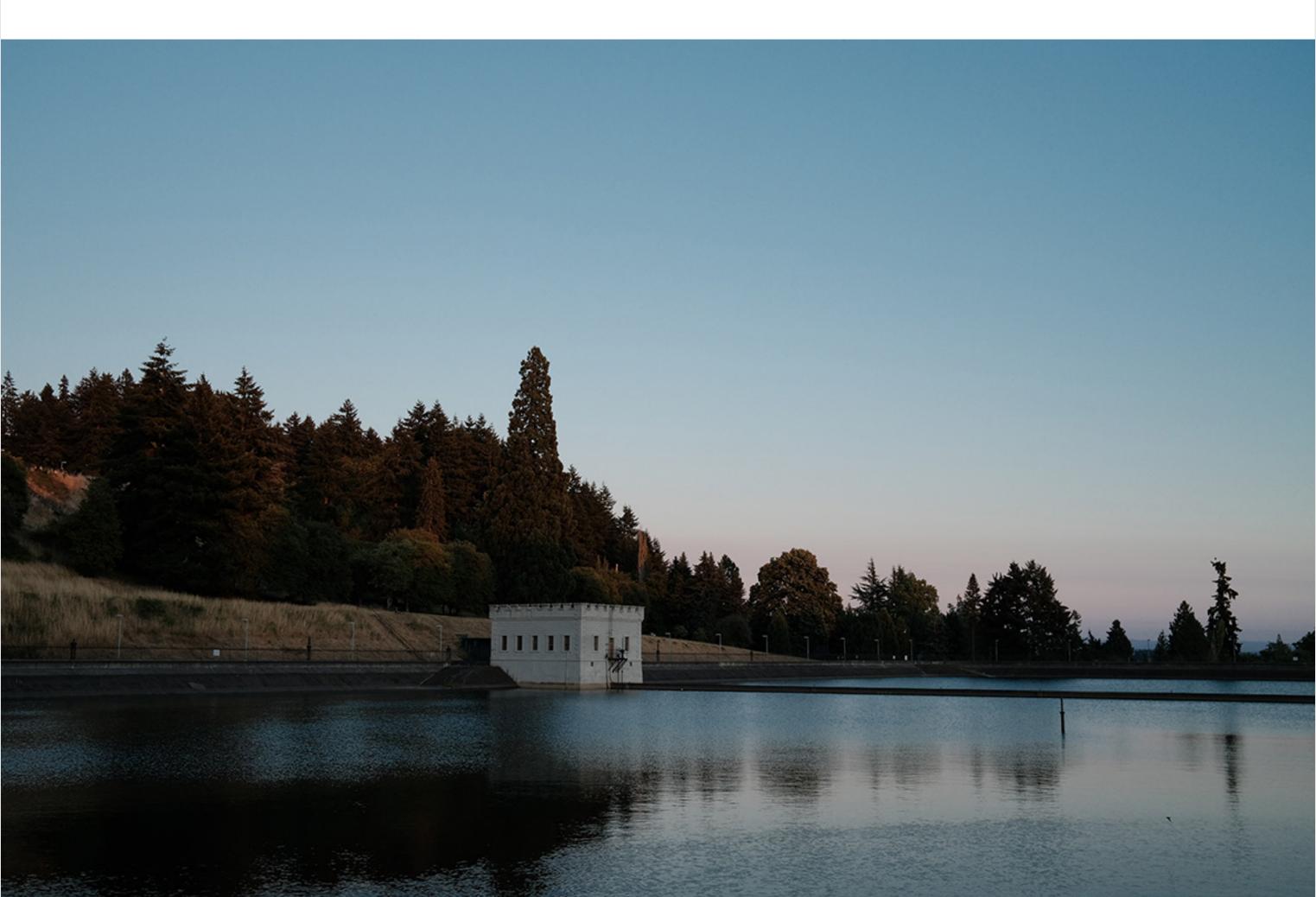


For lunch, stop at one of the city's many food cart "pods" — parking lots with various food trucks selling dishes from an array of international cuisines. There are a handful of pods in the Downtown area, such as Carts of the Square at Pioneer Courthouse Square, where you can grab delicious fried egg sandwiches or Mexican food; or the 5th Avenue pod, which sells Korean tacos, gyros, and kebabs.

If you're looking to sample craft beers, ciders, and ales from small local breweries, then try The Pour House at Nob Hill Food Carts in the Nob Hill neighbourhood. Besides craft beers, Portland also has a high concentration of distilleries that produce their own artisanal spirits and cocktails. Learn more about Portland's craft liquor brewing scene at the Distillery Row, a collective of 13 local distilleries scattered across the city, which offer tasting and educational tours.



In the Northwest District, there's Bull Run, which is famous for its single malt whiskeys, and Freeland Spirits, an all-women owned establishment that specialises in gins and gin cocktails. In the late afternoon, cross over the Willamette River to the Mississippi neighbourhood in the northeast to sample award-winning craft vodkas, gins, and whiskies at Pilot House Distilling. Then stroll along North Mississippi Avenue and shop at unique stores, such as Paxton Gate which sells taxidermy insects, animal bones, shells, fossils, plants, and other curiosities from the natural world; The Meadow, which sells artisanal chocolates and gourmet salts; and Bridge City Comics — a treasure trove of graphic comic books and graphic novels.



# **EVENING**

In the evening, make your way to Mount Tabor Park in the southeast where you can take in panoramic views of the city skyline and watch the sunset. Then take yourself to Coquine — an acclaimed New American farm-to-table restaurant for dinner. After your meal, catch a show at live music performance venue The Goodfoot, then wrap up your night with an ice cream from Salt & Straw — a local ice-cream chain that stays open till 11pm — before checking in to The Heathman Hotel in downtown Portland for a good night's sleep.

Tags: Oregon portland



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